

NDIS Access checklist

The questions below will help you work out if you can access the NDIS. To find out more, go to the [Accessing the NDIS](#) section of the website.

1. Do you have Australian residency?

To access the NDIS you must live in Australia and be:

- an Australian citizen OR
- a permanent resident OR
- hold a [Protected Special Category Visa](#)

Yes. Go to Question 2.

No. You may be able to [access other supports.](#)

2. Are you under 65 years old?

To access the NDIS you must be aged under 65 years.

In some locations, you need to be a certain age to access the NDIS during the trial period.

Yes. Go to Question 3.

No. You may be able to [access other supports.](#)

3. Do you live in an area where the NDIS is

available?

To access the NDIS right now, you must live in an NDIS area on a designated date. In some of these areas, you also need to be a certain age to access the Scheme.

Find out if the NDIS is available in your area:

- [Australian Capital Territory](#)
- [New South Wales](#)
- [Northern Territory](#)
- [Queensland](#)
- [South Australia](#)
- [Tasmania](#)
- [Victoria](#)
- [Western Australia](#)

Yes. Go to Question 4.

No. You will need to wait until the NDIS is rolling out in your area.

4. Do you usually need support from a person or equipment to do everyday things for yourself because of an impairment or condition that is likely to be permanent?

To meet the NDIS disability rules you need to have an impairment or condition that is likely to be permanent (lifelong) and that stops you from doing everyday things by yourself.

The following questions may help you decide if your answer is 'yes'.

Do you usually need support from a person or assistive equipment so you can:

- understand and be understood by other people?
- make and keep friends and cope with feelings and emotions?
- understand, remember and learn new things?
- get out of bed and move around the home and outside the home?
- take a bath or shower, dress and eat?
- do daily jobs, handle money and make decisions?

Yes. Call the NDIS on 1800 800 110 if you have any questions or to ask for an access request form.

No. Go to question 5.

5. Do you need some supports now to reduce your support needs in the future?

To meet the NDIS early intervention rules, you need to

- have an impairment or condition that is likely to be permanent (lifelong); or
- be a child under 6 years of age with a developmental delay and the delay means you usually need more help with your self-care, communication, learning or motor skills than another child of the same age.

Early intervention supports provided by the NDIS are those not provided by any other services such as health and education.

The following questions may help you decide if your answer is 'yes'.

Would early intervention supports:

- reduce the impact of your impairment or condition or developmental delay?
- stop the impact of your impairment or condition from getting worse?
- strengthen your informal supports, such as helping a carer to keep supporting you?

Yes. Call the NDIA on 1800 800 110 if you have any questions or to ask for an access request form.

No. You may be able to [access other supports](#).